

Georgia School Nutrition Association Let's Move! Essay and Poetry Contest



Win Prizes and Attend

Georgia School Nutrition Association "Let's Move!" Literary Consortium University of Georgia Campus

Guest Speakers - University of Georgia Student Athletes
April 18, 2012

Inviting all 6th - 8th Graders

The Georgia School Nutrition Association would like to know your thoughts on the "Let's Move!" Initiative, staying fit and eating healthy.
Submit your essay or poem today!

Winners will receive prizes and attend a Literary Consortium on the University of Georgia College Campus in Athens, Georgia. Thirty (30) students from four (4) middle schools in Georgia will be selected to attend. In addition to your school winning an exciting field trip to the historical University of Georgia campus, participants will positively influence other students to make good decisions about their health and well-being through sharing their personal essays/poems. They will also enjoy dinner on campus at the beautiful Village Summit dining facility, where they will be joined by UGA student athletes who will speak to them about the importance of eating healthy and staying fit and how these healthy habits allow them to be great athletes and successful students.

All consortium participants will receive a certificate of excellence
Teacher of 1st place State winning student will receive a \$100.00 gift card

Contest deadline 3/9/12
Intent to participate must be submitted by 2/17/12

Sponsored by
Georgia School Nutrition Association and The United Dairy Association

For contest rules and an application visit: www.georgiaschoolnutrition.com



Georgia School Nutrition Association

“Let’s Move!”

Essay and Poetry Contest Rules



Let’s Move! is a comprehensive fitness initiative, launched by the First Lady Michelle Obama, designed to solve the problem of obesity within a generation. The goal is to assure that today’s youth will grow up healthier and be able to pursue their dreams. It is a collaborative effort between parents, elected officials from all levels of government, schools, health care professionals, faith-based and community-based organizations, and private sector companies. The Georgia School Nutrition Association is playing an integral role in educating Georgians about the initiative and promoting participation throughout Georgia’s schools and communities through special events, programs and workshops.

As part of the GSNA initiative we are launching an essay/poetry writing contest designed to engage students and motivate them toward a fit and healthy lifestyle. **Participants will write an essay or poem about the importance of exercise and healthy eating. They should include personal stories of triumph, goals, and challenges. The essay/poem should be educational and written in a manner that encourages and motivates other students to participate in the Let’s Move! initiative. The essay/poem should be typed on 8 ½ x 11 paper and no more than 300 words.**

To qualify, participating schools will conduct an essay/poetry contest involving a minimum of 30 students. GSNA will recognize and award prizes to top performing schools and students. Winning schools will be awarded a group field trip to participate in the GSNA Let’s Move! Literary Consortium on the University of Georgia Campus in Athens, Georgia.

In addition to an exciting field trip to the historical University of Georgia campus, contestants will positively influence other students to make good decisions about their health and well-being through sharing their personal essays/poems. They will also enjoy dinner on campus at the beautiful Village Summit Dining Facility where they will be joined by UGA student athletes who will speak to them about the importance of eating healthy and staying fit and how these healthy habits allow them to be great athletes and successful students.

Participant Entry Guidelines

- Schools must submit an Intent to participate form to GSNA by 2/17/12
- Participants must be students in the 6th-8th grades in a Georgia school
- Entries must be submitted by a school official (teacher, counselor or administrator)
- Each school must submit three winners (1st, 2nd, and 3rd place) to GSNA. GSNA will identify the top four schools to participate in the Consortium by scoring their winning essays/poems as a group. 1st, 2nd and 3rd place state winners will be selected from these winning schools.

Mail to: GSNA, 2372 Main Street, Tucker, GA 30084

- Contestant Submission deadline is 3/9/12

Prizes (Top Four Scoring Schools) - Statewide Winners (1st, 2nd and 3rd place)

*The top four winning schools should select 30 students and 5 chaperones to attend the Let’s Move Literary Consortium at the University of Georgia in Athens April 18, 2012, 6:00 p.m. – 8:00 p.m.

- Each student participant will receive a certificate of excellence for their participation.
- 1st, 2nd and 3rd place statewide winners will receive a plaque and UGA souvenir
- The teacher of the 1st place statewide winner will be recognized and receive a \$100 gift card
- The four winning school’s names and student state winner’s names will be submitted to the White House Let’s Move Department for recognition.
- Each winning School will be awarded \$300 to cover transportation expenses to the consortium.
- Four Winning Schools will receive a plaque – All participating schools will receive a certificate

Note: *All consortium attendees must have participated in the contest at their local school. The 1st, 2nd, and 3rd place winners are included in the total (30) student attendees.

Georgia School Nutrition Association
Let's Move! Essay and Poetry Contest



ENTRY FORM

(Attach this form to Essay or Poem)

Student Information (To be completed and signed by student's parent or guardian)

Student's Name: _____

Address: _____

City _____ State: _____ Zip: _____

Grade: _____

School / Organization Name: _____

School/Organization Address: _____

Teacher / Sponsor's Name: _____

Parent/Guardian Name: _____

Parent Email: _____

Parent Phone No. : _____

Parent's Signature: _____

Date: _____

Georgia School Nutrition Association
Let's Move! Essay and Poetry Contest



INTENT TO PARTICIPATE FORM

TO: Georgia School Nutrition Association

FROM: (Please complete all information below)

Name of Participating School _____

School System/District _____

Address _____

City, State, Zip _____

Telephone Number _____

School Contact Person (in regards to contest) _____

Contact's title: _____

Contact's Email Address _____

SUBJECT: GSNA Let's Move! Essay/Poetry Contest Intent to Participate in Contest

DATE: _____

This is to advise you that the above named school will be submitting entries for the **2011-2012** GSNA Let's Move! Essay / Poetry Contest.

We have a copy of the forms relating to the contest and we understand that the required information must be in your hands by **March 9, 2012**.

Intent to participate form must be returned to GSNA by February 17, 2012.

Forms can be sent via mail or fax.

Mail to: GSNA, 2372 Main Street, Tucker, GA 30084 or fax to 770-934-8917.