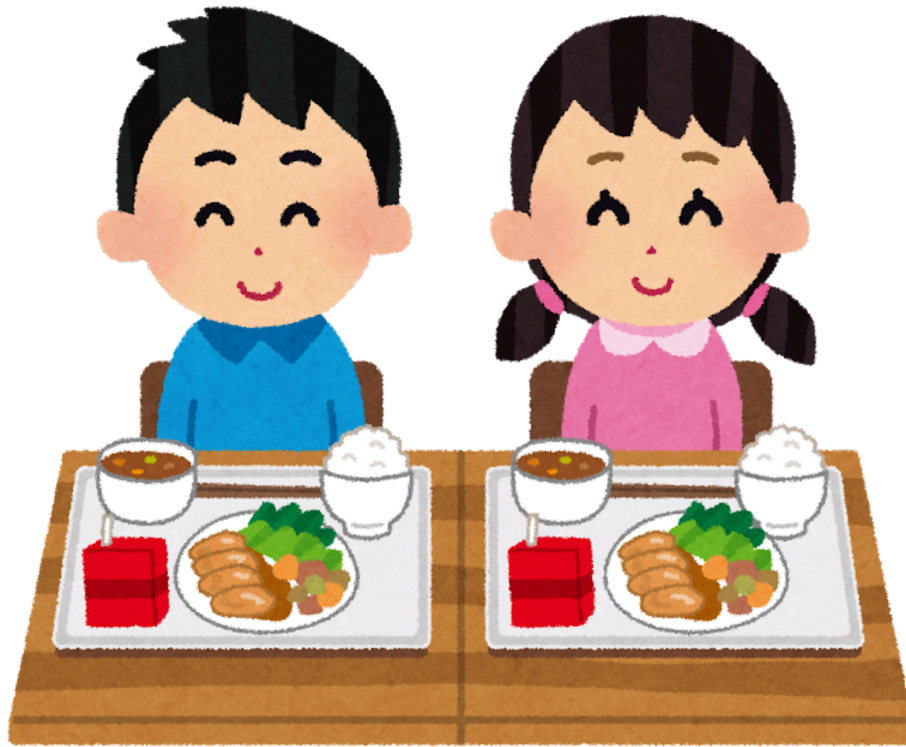


“Simply the Best!” Healthy Bodies, Healthy Minds!”



Create a piece of art that shows what helps you feel your best at school. Your artwork may include:

- Your favorite healthy school meal
- Fruits and veggies
- Drinking water, moving your body, or practicing wellness
- A positive cafeteria scene
- Anything that helps your body and mind shine

**Your artwork should answer:
“What makes me Simply the Best?”**



“Simply the Best!”

Healthy Bodies, Healthy Minds!”

“Simply the Best: Healthy Bodies, Healthy Minds!” celebrates the healthy choices that help students feel strong, energized, and ready to learn. Students will create artwork that highlights nutritious school meals, wellness habits, and the positive moments that make them simply the best every day.

Purpose: Help students explore healthy eating, school nutrition, and wellness through creative expression.

How to Guide Students:

- Discuss examples of healthy choices at school.
- Brainstorm foods, activities, and habits that help students feel strong and focused.
- Allow any 2-D medium: crayons, markers, paint, collage, or digital art.
- Encourage students to visually include the theme or title.
- Ensure all artwork is original and student-created.
- Submit entries following your school or district guidelines.

Contest Details

- Submission Deadline:
 - NAC Art Contest Competition (Local) – January 15, 2027
 - NAC Art Contest Competition (District) – February 13, 2027
 - NAC Art Contest Competition (State) – March 2, 2027
- Grade Categories: K-5, 6-8 & 9-12
- Size Requirements: 8 ½ x 11
- Awards/Recognition: The three state winners will receive a \$50.00 gift card, a color copy of their artwork and a certificate of achievement.

